



# 2023 Junior Program Outline

**Duration:** 5 Weeks (**Starts May 17, 2023**) This also allows for a rainout day if necessary.

**Day of the Week:** Wednesday's (once per week)

**Ages/Time:** \* 5 - 7: 4:30-5:30 pm  
\* 8 - 10: 5:45-6:45 pm  
\* 11 and Up: 7:00-8:00 pm

**Cost:** \$60.00

**Lesson Time:** 1 Hour

**Student Grouping:** Approximately 5 per instructor

**Equipment Provided if Needed**

**Start of Class Meeting Point:** Clubhouse/Putting Green

**Point of Safety:** Each class will reinforce the importance of safety. Only swing club when it is your turn to practice. Watch that no one is in your swing range.

## **Week One: Putting**

- \*Location: Putting Green
- \*Instructor explains the fragility of putting surface and importance of repairing ball marks/respecting the greens
- \*Instructor explanation of stroke and demonstration
- \*Student practice in groups-Instructors work with students individually to ensure proper technique
- \*Putting Game

## **Week Two: Chipping**

- \*Location: Putting Green
- \*Explanation of stroke and demonstration - which club to use, when to use shot, builds on back and forth motion of putting stroke
- \*Student practice in groups-Instructors work with students individually to ensure proper technique
- \*Chipping Game

## **Week Three: Irons**

- \*Location: Driving Range
- \*Instructor explanation of swing and demonstration-which clubs to use, when to use shot (on the tee and on grass), builds on small swing of chipping
- \*Student practice in groups-Instructors work with students individually to ensure proper technique
- \*Hit the Target Game-emphasizes importance of target golf with irons

## **Week Four: Woods/Diver**

- \*Location: Driving Range
- \*Explanation of swing and demonstration - which clubs to use, when to use shot (how to properly tee ball up),
- \*Student practice in groups-Instructors work with students individually to ensure proper technique
- \*Long Drive Game
- \*Next week all students will be together for game play on the course and a wrap up: 5-8pm

## **Week Five: On the Course/Wrap Up (5:00-8:00 all Students together-2hrs on course, 1hr for dinner/gifts)**

- \*Opportunity to put everything students have learned over the past 4 weeks together
- \*All students together at the same time (5pm-8pm)
- \*Break into groups/teams
- \*Play scramble format
- \*Meal in the clubhouse (hotdogs, fries and pop) and gifts for students
- \*Thank you to all the sponsors
- \*Students and parents that students are welcome back anytime to play the course at no cost with parent supervision again, thanks to our Junior Initiative contributors. All we ask is you call ahead of time to ensure there is no conflict with tournaments, leagues and tee times.



SPONSORED BY CANADIAN TIRE



Box 920, Grimshaw, AB T0H 1W0

Phone: 780-332-4653